Let’s Make a Gratitude Tree!

The holidays are a great time to stop and thank God for all the things he’s done for us.

We can thank him for our family and friends, for the food we eat and for the home we live in. We can also thank God for specific things that he’s done for us — like making us healthy or letting us spend special time with our loved ones during this time of year.

But how often do we stop to write down the things we’re grateful for? I don’t know about you, but I don’t do it as often as I should! The cool thing about writing down what we’re grateful for is that we can see it and remember what God has done.

In the Bible, we hear about “remembrance stones.” Read Joshua 4 and see how the Israelites used stones to help them — and all the people who would live after them — to remember what God had done for them when he let them cross the Jordan River on dry ground.

Instead of using stones to help us remember the amazing things God has done for us, we’re going to make a gratitude tree. Each day for a month (or however long you want, really!), add a new leaf to your tree by writing down something that you can be thankful for today. By the end of the month, you’ll have a big tree full of leaves that all share things you can thank God for. And that’s something worth stopping and remembering!

**Gratitude Tree**

Print out the tree trunk and branches and the leaves. Cut them out, color them (if you want to do it yourself), and then tape the tree somewhere you can see the tree on a daily basis — maybe on a wall in your kitchen, by the dining room table or on your fridge!

Each day, add another leaf to your tree with something that you’re thanking God for that day. Look at the other leaves you’ve added as the month goes by, and continue to thank God for the amazing things he’s done for you!