

Sleeping Coconuts Snacks



Description:

Authentic snacks to be enjoyed *after* discussing the *Sleeping Coconuts* lesson or story

Aim:

Children will recognize that God provides what we need.

Audience:

Grades K–6

Minimum Time Requirements:

10–15 minutes

Scripture:

Genesis 1:29

Materials:

- Bible marked at Genesis 1:29
- Unsweetened coconut flakes divided into small serving cups
- Small serving cups
- Enough bananas to give each child a half
- A knife for an adult to use when cutting bananas
- Optional:
 - A coconut
 - One liter of unsweetened, unflavored coconut water
 - Small serving cups
 - Napkins

If you have any questions or problems related to this lesson, please contact Wycliffe's Children's Communications team at kids@wycliffe.org.

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More curricula to engage children in Bible translation are available at www.wycliffe.org/kids.

Pre-class Preparation:

- Find and mark Genesis 1:29 in your Bible.
- Buy unsweetened coconut flakes and divide the contents of the package into small serving cups, one for each child.
- Buy bananas.
- Include a knife that an adult can use to cut the bananas in half.
- Optional: Buy a liter of unsweetened, unflavored coconut water and a whole coconut. If you choose to serve coconut water, provide enough cups for all the students.
- Optional: provide napkins.

Class Time:

Tell the students,

After the tsunami, some of the Arop people who had survived found a coconut. They drank the juice—what we call coconut water. These men also ate the white part inside—the coconut meat. Later, someone also brought bananas from a farm to the Arops' new location.

God provided food for the Arop people. He made the earth produce food for the people He created. In Genesis 1:29 God says,

Open your Bible and read Genesis 1:29. Then say,

God provided many plants with tasty, nutritious fruits and seeds we can eat.

Let's enjoy some of the same kinds of foods that God provided for the Arop people after the tsunami.

Optional: Hold a coconut up, and say,

This is a coconut. All coconuts have three eyes. Do you see this coconut's eyes? From these eyes can sprout new coconut trees. Though it looks like a gigantic nut on the outside, it is really a fruit. Inside we find juice and a thick white rim of what we call "coconut meat."

Show the students some flaked coconut meat. Explain,

This is coconut meat in flakes. I will give each of you a little cup of flaked coconut meat to taste. If you are allergic to coconut, please do not eat this snack. Everyone must chew it really well to get the flavor.

Materials:

- Bible marked at Genesis 1:29
- Optional: A coconut
- Flaked coconut in cups

If you chose to serve coconut water, hold up a cup of coconut water and say,

I have some coconut juice or water in this cup. You can taste this, too. It probably has a different taste from anything you have tasted before. Coconut water is very good for you.

Hold up a banana, and ask,

What is this?

Allow the students to answer.

That wasn't hard to answer, was it? Did you know that bananas are fruits that grow in clusters of 50 to 150, each one encased in its own yellow "jacket?" People can grow bananas all year long in tropical areas like Papua New Guinea. Some Arop people raise bananas. We'll enjoy bananas with our coconut.

Before I ask a few of you to help me hand out our snack, let's thank God for providing food for the Arop people after the tsunami and for giving us food, too. Lead the children in prayer or ask a student to pray.

Ask a few children to help you hand out the coconut and coconut water while you cut bananas in half and distribute them.

As the children finish eating, tell them,

God loves us so much that He provides good food for us to eat. I hope you enjoyed the coconut and bananas.

When you finish eating, please check around you. Pick up any coconut or banana pieces that might have fallen on the table or the floor.

Please put your cups, napkins (*if you used them*), and banana peels in the garbage.

Point out the garbage container.

Materials:

- Optional: Coconut water in cups
- A banana
- Optional: napkins

